



Ask your pharmacist

Your pharmacist can now do so much more

In the past, certain prescription only medicines were only allowed to be prescribed by doctors. With a Patient Group Direction (PGD) license, pharmacists can now supply a whole range of medicines. These include medicines for Erectile Dysfunction, Smoking Cessation and Emergency Hormonal Contraception.

Medicines which may cause Erectile Dysfunction

Antidepressants - MAOI, SSRI, TCA.
Anti-epilepsy - carbamazepine.
Heart/BP medicines - ACEI, beta blockers.
Antipsychotics - risperidone, phenothiazines.
Cholesterol lowering drugs - statins fibrates.
Sleeping tablets - benzodiazepines.
Stomach acid - cimetidine, omeprazole.
Severe pain medicines - opioids.

What treatment options are there?

You can obtain the same medicines from your pharmacy that you would usually get from your doctor but without the hefty consultation fee or long wait. In addition we can also provide vacuum pumps or make referrals to specialist care when needed.

Also, getting this treatment from the pharmacy is cheaper and hassle free. If you go to your doctor, unless you have certain conditions (such as diabetes) you will have to pay for a private prescription which can cost between £10-£50. In addition to this you will then need to go to a pharmacy to get the medicine. Save yourself the hassle and cost and go straight to the source. You can walk in, have an appointment and walk out with the medicines in 15 minutes.

What happens at the appointment?

All the pharmacist will do is take you to a confidential area within the pharmacy and ask you a series of questions. If you are eligible the pharmacist can supply you with these medicines at their discretion.

If you are not eligible they may escalate the consultation to our online doctor or refer you to your GP or another private doctor.

NUMARK+

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Don't suffer in silence



Erectile Dysfunction is more common than you think.
Don't put your love life on hold.

**YOUR PHARMACY
GUIDE TO ED**

What is Erectile Dysfunction?



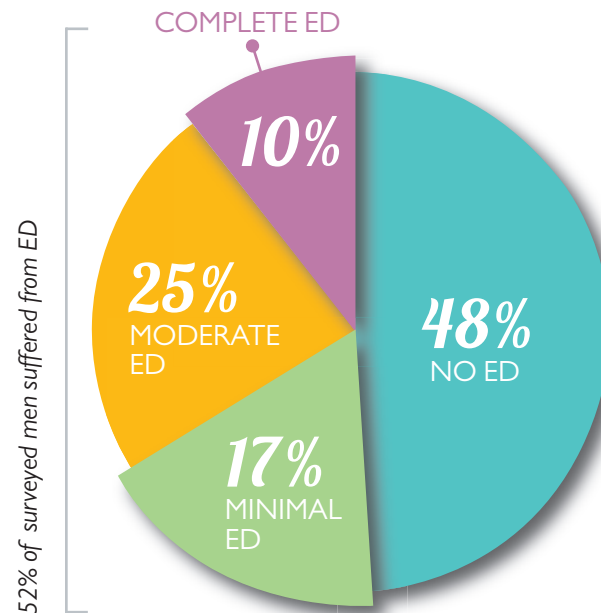
Erectile Dysfunction (ED) is the inability to get and maintain an erection that is sufficient for satisfactory sexual intercourse. ED is also known as impotence.

ED can have a significant impact on both your quality of life and your partner's. However, in many cases, ED can be treated. Although you may be embarrassed, it is important that a healthcare professional diagnoses ED so that the cause can be identified.

There are several other treatment options that have proved very successful for ED. Medication can be used to successfully manage it in at least two-thirds of men. Vacuum pumps that encourage blood to flow to the penis and cause an erection are also successful in 90% of cases.

ED is more common than you think

Most men experience failure to achieve an erection at some time in their lives and this potential increases with age. If you are one of these men you are not alone and help is at hand.



Facts about ED

Approximately 1 in 10 men over the age of 40 are impotent. Your friendly local pharmacist can help you obtain the medicines you need in an efficient and discreet manner. Your doctor will only be notified if you specifically ask.



Causes of Erectile Dysfunction

There are many causes of Erectile Dysfunction, your pharmacist will go through these with you. It is better to make sure the ED is not being caused by any other underlying conditions before treatment with medicines can start. If you do suffer from any of the conditions listed below, you will need to talk to your doctor:

- **Psychological causes such as depression**
- **High blood pressure or high cholesterol**
- **Heart or vascular disease, diabetes**
- **Prostate cancer, trauma to the penis**
- **Taking certain medicines**
- **Kidney failure, cirrhosis of the liver**
- **Stroke, Alzheimers, Parkinsons**
- **Chronic Obstructive Pulmonary Disease**
- **Malnutrition and zinc deficiency**